**My App Goals**

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| --- | --- |
| Name: |  |
| Week of: |  |
| My app: |  |
| Current App Lesson: |  |

I will practice in my app for minutes this week.

Color in a box every time you use your app for 15 minutes:

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| --- | --- | --- | --- |
| 15 | 15 | 15 | 15 |
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What did you like about the app?

Share something you learned from the app.

Did you have any trouble with the app?

I used my app for minutes this week. Did you reach your goal? \_\_\_\_\_\_

App lesson reached:

**App Goals and Usage Tracking Chart**

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| --- | --- | --- | --- | --- | --- |
| Student | Goal! Minutes per week(15 min? 60 min?) | Number of Times used in (month/period) | Number of Times Used in(month/period) | Number ofTimes Used in(month/period) | Total |
| Ex: Mary S |  | 60 minutes per week |   | 6 hours in May | 4 hours in June | 4 hours in July | 14 hours  |
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**Weekly Goal Setting Card for Students**

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|  Name\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_My weekly goal is: \_\_\_\_\_\_\_ minutes per week on the app.I am: \_\_\_\_\_ reaching my goal \_\_\_\_\_ not reaching my goal but want to keep trying to reach it \_\_\_\_\_\_not reaching my goal and want to change it |  Name\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_My weekly goal is: \_\_\_\_\_\_\_ minutes per week on the app.I am: \_\_\_\_\_ reaching my goal \_\_\_\_\_ not reaching my goal but want to keep trying to reach it \_\_\_\_\_\_not reaching my goal and want to change it |
| Name\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_My weekly goal is: \_\_\_\_\_\_\_ minutes per week on the app.I am: \_\_\_\_\_ reaching my goal \_\_\_\_\_ not reaching my goal but want to keep trying to reach it \_\_\_\_\_\_not reaching my goal and want to change it |  Name\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_My weekly goal is: \_\_\_\_\_\_\_ minutes per week on the app.I am: \_\_\_\_\_ reaching my goal \_\_\_\_\_ not reaching my goal but want to keep trying to reach it \_\_\_\_\_\_not reaching my goal and want to change it |
|  Name\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_My weekly goal is: \_\_\_\_\_\_\_ minutes per week on the app.I am: \_\_\_\_\_ reaching my goal \_\_\_\_\_ not reaching my goal but want to keep trying to reach it \_\_\_\_\_\_not reaching my goal and want to change it |  Name\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_My weekly goal is: \_\_\_\_\_\_\_ minutes per week on the app.I am: \_\_\_\_\_ reaching my goal \_\_\_\_\_ not reaching my goal but want to keep trying to reach it \_\_\_\_\_\_not reaching my goal and want to change it |
| Name\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_My weekly goal is: \_\_\_\_\_\_\_ minutes per week on the app.I am: \_\_\_\_\_ reaching my goal \_\_\_\_\_ not reaching my goal but want to keep trying to reach it \_\_\_\_\_\_not reaching my goal and want to change it | Name\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_My weekly goal is: \_\_\_\_\_\_\_ minutes per week on the app.I am: \_\_\_\_\_ reaching my goal \_\_\_\_\_ not reaching my goal but want to keep trying to reach it \_\_\_\_\_\_not reaching my goal and want to change it |